



Working at Heights Training Course Syllabus

Course Title

Working at Heights

Description

This course is suitable for all workers who may need to work at heights.

Pre-Qualification

No Pre-qualifications required. But pre-course study recommended if new to subject (details will be provided at time of booking).

Duration

1 day.

Content of the Syllabus

This course provides operatives with knowledge and understanding of working at heights and the dangers that are associated with it, also equipping the delegate with the skills and knowledge required to work safely in this environment.

Topics covered include:

- Existing arrangements for working at heights
- Work at Height Regulations 2005
- Tools and equipment for working at height
- Selection of appropriate equipment for the job .
- The requirement for training .
- Safe working at height
- Inspection of equipment
- Safe use of ladders and steps

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