



Manual Handling Training Course Syllabus

Course Title

Manual Handling

Description

This course is intended for managers, supervisors, instructors, training officers, safety professionals and others with responsibility for instructing others in manual handling and for carrying out manual handling risk assessments.

Pre-Qualification

No Pre-qualifications required. But pre-course study recommended if new to subject (details will be provided at time of booking).

Duration

1/2 day.

Content of the Syllabus

- Benefits of preventing manual handling injuries
- Legal requirements
- Basic anatomy
- Practical handling techniques
- Instructional skills
- Risk Assessment for manual handling.

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